Wanna run for cover but there's no where to escape Runnin' from your problems ain't makin' them go away Gotta be strong even when you're feeling afraid It's all in your mind the fears you have to face

I remember the times when I felt all alone and afraid Regretting the times that I chose to turn and walk away

I've had all I can take
My self respect is now at stake

Forget about the past there's nothing I can change
Try to look ahead tomorrow's another day
Time to make a stand for the sake of my own shame
And now I'm gonna fight because I don't see any other way
Remember the times when I felt all alone and afraid
Regretting the times that I chose to turn and walk away

I've had all I can take
My self respect is now at stake

I've had all I can take
Now I'm gonna show force
I've learned life the hard way
Time to even the score
Win or lose there's no fear left in me
Got no choice but to fight
I'm through trying to decide who's wrong and what's right