

Pick, pick, pick, it's makin me sick
I wish the sleep fairy would come do the trick
Oh yeah, oh yeah
Chew, chew, chew on my lip
I'm gettin an ache in my left hip
Uh huh, uh uhu

Stare, stare, stare at the clock
Hearin it tick tock, tick tock, tick tock!
Sit up and lay down
Take a walk and slow down
I want to go down, I want to go to...

Toss and turn, toss and turn
I've still got 8 more hours to burn, oh no!
Flip and flop and toss some more
TV off and TV on
I just want to go to sleep!

Sit up and lay down
Take a walk and slow down
I want to go down, I want to go to...sleep!

One, two, I can't sleep
Three, four, I'm countin sheep
Five, six, seven, eight, nine, ten and I'm still awake!
Insomnia, insomnia, insomnia!
Insomnia, insomnia, insomnia!

I want to go to
I really need to
Please God let me!

Fiddle, fiddle, fiddle under the sheets
Thinkin of you while the bed creaks, oh yeah!
Dribble, dribble, dribble on my pillow
Why do the hours have to pass so slow!?!
I just want to go to sleep!

Sit up and lay down
Take a walk and slow down
I want to go down, I want to go to...sleep!

One, two, I can't sleep
Three, four, I'm countin sheep
Five, six, seven, eight, nine, ten and I'm still awake!
Insomnia, insomnia, insomnia!
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Please God let me!