I've had a plan, i'm starting today
I won't let these obstacles get in my way
When I am down and I'm feeling alone
I know what I've got to do

When I see blocks in the road up ahead
I won't get frustrated or turn back instead
I'll wait just a moment and take a deep breath
There's an easy thing to do

Counting 1,2,3 and 4
I won't let all these silly things bug me no more
Counting 5,6,7,8,9 and 10
I will calm myself down and be happy again

I don't want to see pain or darnkess no more
If I had the power I'd make it the law
To bottle the raindrops and banish the clouds
Let the sun shine through, that is what I got to go

Counting 1,2,3 and 4
I won't let all these silly things bug me no more
Counting 5,6,7,8,9 and 10
I will count myself lucky and be happy again

Counting 1,2,3 and 4
I won't let all these silly things bug me no more
Counting 5,6,7,8,9 and 10
If I'm not feeling right I'll start over again

Counting 1,2,3,4 and 5
I've got everything here that I need to survive
Counting 6,7, right up to 10
I'll add up all the good, leave no room for the bad to get in