I lie in bed and I just can't sleep,
My mind's outside chasin' the beat,
Thinkin' of you and of what went wrong,
I wonder how I can carry on with these sleepless nights,
Oh sleepless nights, I'm havin' sleepless nights over you.

I toss and turn cos' we're getting nowhere,
The fire burns but there's nobody there,
I need direction, need to find a way,
I'm so tired of just sleeping my days away, because of sleeples s nights,
Oh sleepless nights, I'm having sleepless nights over you, just can't get over you.

I'm up all night watching my TV,
I see the dawn with the late movie,
I'm runnin' scared and I just can't find,
A way to ease you off my mind, can't stop these sleepless night
s,
Since you left me baby, sleepless nights,

I'm havin' sleepless nights over you. You know you got me cryin' baby, sleepless nights, Sleepless nights, woah sleepless nights, sleepless nights, Sleepless nights, sleepless nights, sleepless nights.