

# You Can Do That

Lisa Stansfield

It's time to tell yourself  
Nothing's quite as bad as it seems  
And it's time to help yourself  
To all the things you've only dreamed about

You don't know what's up  
Everything feels so low down  
Pick yourself right up  
You can make it better baby, you can make it better

You've got to live your life  
You can do that  
You've got to make it right  
You can do that  
Your got to let some light in your life

Don't be afraid to cry  
You can do that  
Don't be afraid to take a look inside  
You can do that  
It's just a state of mind  
It's all right

There's no more turning back  
And straight ahead there's so much more  
Don't dwell on what you lack  
Look at what you have and open up that door

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