

Spread Your Wings

Lisa "Left Eye" Lopes

[Verse 1:]

Young woman confused
Young woman abused
You must understand
It's never too late to, lose who you are
And choose who you are supposed to be
Supposed to become
You've been in and out
Up and down, back and forth
Backwards around
Not a friend, not a mother, not a father
Just God and you should make a choice
What you ought to do
What matters most
Who you are to you
Opinions of the old and young
Shouldn't matter to you
Take advice think it over twice
Make a choice that helps you sleep at night
It's decent, but recently
Things have shown us
We have done the wrong things often
Never suicide, that's the easy route
There's always another way out
Think about it (think about it)

[Chorus (2x)]

You can give up
Or you can get up
Just don't let what you need pass by
Spread your wings to the sky
Let you soul fall in love

You can fly

[Verse 2:]

Now see if you went through life with your eyes closed
You never would'a known there was a high road
Let people get the best of you and get mad at them
Instead of bein' mad at yourself
You're only number one in your life
And you will decide if it goes right
Every time you digress
Defeat your progress
Feed you knowledge, but you must digest
The controversy yo can get personal
They don't understand till the role reversal
Seekin' fame, play their games
Gave a whole lot for a whole little gain
Push comes to shove
Do you push or shove?
When the choice is yours
Do you leave or you love?
All the tears you cried, you're dyin' inside
When will you decide to survive

[Chorus (2x)]

You can give up
Or you can get up
Just don't let what you need pass by
Spread your wings to the sky
Let your soul fall in love

You can fly
Fly
Fly
Fly
Fly

[4x]

You can give up
Or you can get up
Just don't let what you need pass by
Spread your wings to the sky
Let you soul fall in love

You can fly