

Breaking The Habit

Linkin Park

Memories consume
Like opening the wound
I'm picking me apart again
You all assume
I'm safe here in my room
[Unless I try to start again]

I don't want to be the one
The battles always choose
'Cause inside I realize
That i'm the one confused

I don't know what's worth fighting for
Or why I have to scream
I don't know why I instigate
And say what I don't mean
I don't know how I got this way
I know it's not alright
So I'm breaking the habit
Tonight

Clutching my cure
I tightly lock the door
I try to catch my breath again
I hurt much more
Than anytime before
I had no options left again

I'll paint it on the walls
'Cause i'm the one at fault
I'll never fight again
And this is how it ends

I don't know what's worth fighting for
Or why I have to scream
But now I have some clarity
To show you what I mean
I don't know how I got this way
I'll never be alright
So I'm breaking the habit
Breaking the Habit
Tonight