## I Know How It Feels

I know how it feels You've been hurt so bad I know how it feels You've been hurt so bad

Are you ok? I want you to know that you can talk to me about anything, anytime I couldn't help but notice that something was wrong And by the look in your eyes, it's no suprise, it can only be one thing

Don't think I know what I'd do, it hurt before just like you Even the best get depressed, still loneliest loneliness Got so much on my chest, that I can't rest And I'm sleepless and I keep this a secret Only the girl I wanna be with doesn't see it, can't believe it Doesn't need this so she's leaving, I'm the reason I still love her for all seasons, I'm in pieces Turn my frown upside down so no one sees this, I mean this

I know how it feels You've been hurt so bad I know how it feels You've been hurt so bad

I know how it feels But there's really nothing you can do There's someone for everyone And maybe he's just not the one for you

Beware of the danger at the fork in love's road Sick in bed feeling cold and alone, please come back home Sometimes I feel I should just let her go If she comes back to me she's meant for me Will she love someone instead of me The intensity is killing me You don't want this misery How will it be, is this the way it feels to be destroyed That's what I did to her, that's what she did to me I'm thinking of her, and I'm hoping that she's missing me You feeling me

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I know, I know Every smiling face ain't a happy one And everybody is somebody's fool And you're no exeption to the rule I know

This is real Give me a hand Baby, baby, baby And I'll make you understand That baby this is so real Staying up late at night Play my records till I just don't wanna hear them anymore Reminicing on all of the times we had, you know

Memories of long ago, love letters let her know Words of love so meaningful, I just can't see her go It's gonna take a miracle, torture and sadness Paired when I'm lonely drives me insane, I wish things were the same She doesn't know how bad it kills me inside Hide the tears behind my eyes, won't show through my pride With a touch that warms me through and through I know how it feels, I know what you're going through There's nothing you can do, I feel for you, I truely do

I know how it feels You've been hurt so bad I know how it feels You've been hurt so bad

Cuz I know, I know I know, I know Can't sleep at night Got no appetite But everything's gonna be alright I know