

In Your Skin

Lifehouse

Throw stones, breaking bones
Then wonder why you run for cover
You fight the world from inside

Lay down, playing dead
Turn the pages, just another
Wasted day in your mind

You live to run away
But fear's the hardest act to follow
Let me let you in

Hold on another day
Face the truth, it's hard to swallow
It's time to begin
There's only one life
In your skin

Wake up, take a breath
Remember why you're even breathing
You're still alive

Give in, give it up
You're the only one believing
In all of your lies

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