

# In Your Skin

Lifehouse

Throw stones, breaking bones  
Then wonder why you run for cover  
You fight the world from inside

Lay down, playing dead  
Turn the pages, just another  
Wasted day in your mind

You live to run away  
But fear's the hardest act to follow  
Let me let you in

Hold on another day  
Face the truth, it's hard to swallow  
It's time to begin  
There's only one life  
In your skin

Wake up, take a breath  
Remember why you're even breathing  
You're still alive

Give in, give it up  
You're the only one believing  
In all of your lies

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Let me let you in

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It's time to begin  
There's only one life  
In your skin, in your skin

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But fear's the hardest act to follow  
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There's only one life  
In your skin, in your skin