Thinking Out Loud

I've been losing my mind I've been living a lie I've been running away for so long I try to put on a face And cover my heart But I'm needing it now, so bad

I don't know How I feel Maybe I'm mad Or maybe I'm proud Can't find the truth Can't speak my mind Don't know what I say I'm just thinking out loud Thinking out loud

No, no I can't explain What's happened to me I feel like I'm right and wrong Inside everything's upside down Everything spinning around And it's freaking me out

I don't know How I feel Maybe I'm mad Or maybe I'm proud Can't find the truth Can't speak my mind I don't know what I say I'm just thinking out loud

If only for a day I could be free I'll bet you'll feel the same If you were me I'm gonna scream it out Just let go!

I've been losing my mind I've been living a lie I've been running away for so long

I don't know How I feel Maybe I'm mad Or maybe I'm proud Can't find the truth Can't speak my mind I don't know what I say I'm just thinking out loud Yeah, I'm thinking out loud Thinking out loud Can't find the truth Can't speak my mind I don't know what I say I'm just thinking out loud