Come on everybody sit down
People wanna act like they are in and out
Well I'm here to wipe off your smile
And tell you what's the word around town
I know you don't wanna hear the truth
I know you hate the fact that I actually have the proof
But I just need you to believe
I'm talking the good, the bad, the ugly

Remember back in '02 When I was in school and actin' a fool My soul got saved, my debt had been paid But still I kept running off on my crew Sex on my brain, and death in my veins Had a main thing, we stayed up 'til 2 (Smoke!) Waking and thinking we naked, my body was loving it Soul was hating it, man Time and time after time, our bodies were close The girl was so fine Heard a heart beat that wasn't hers or mine The miracle of life had started inside Ignored the warning signs Supressed that truth I felt inside I was just having fun with this, I'm too young for this I'm thinking me, myself, and I Should I sacrifice this life to keep my vanity and live nice? And she love and trust me so much that whatever I say, she'd probably oblige But I was too selfish with my time Scared my dreams were not gonna serve So I dropped her off at that clinic That day, a part of us died

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I remember back in the day I was barely in the first grade Got teeth missing, watching Tom & Jerry Tryna go outside so I could play I was told to watch out for strangers Keep my eyes out for danger Folks workin' late, I had a babysitter I ain't 'bout to sit here and name her I was almost 8, when she came in late Woke me up with a game to play Did a few things that's hard to say Told me to keep that secret safe How a young boy supposed to deal I'm tryna act like it ain't real Had my innocence just stripped from me I still don't know how to feel

And I'm wondering how to address it Can't tell my family, too messy So I just embrace it, it's hard to face it I'm too ashamed to confess it So I kept it in and ain't speak Can't think, it hit me so deep So into it, I got promiscuous And only God can help me get free But I've been forgiven, my Savior risen I'm out the prison, I know that I got the power to say to no to all of my struggles God will control that Every time we slip and we fall Gotta get back up and fight on We are not defined by our past The future look bright, I see the light on

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