

How Can I Help You To Say Goodbye

Laura Branigan

Through the back window of a '59 wagon
I watched my best friend Jamie slippin' further away
I kept on wavin' till I couldn't see her
And through my tears I asked again why we couldn't stay
Mama whispered softly, "Time will ease your pain
Life's about changin', nothin' ever stays the same"

And she said, "How can I help you to say goodbye?
It's ok to hurt and it's ok to cry
Come let me hold you and I will try
How can I help you to say goodbye?"

I sat on our bed, he packed his suitcase
I held a picture of our wedding day
His hands were tremblin', we both were cryin'
He kissed me gently and then he quickly walked away
I called up Mama, she said, "Time will ease your pain
Life's about changin', nothin' ever stays the same"

And she said, "How can I help you to say goodbye?
It's ok to hurt and it's ok to cry
Come let me hold you and I will try
How can I help you to say goodbye?"

Sittin' with Mama alone in her bedroom
She opened her eyes and then squeezed my hand
She said, "I have to go now, my time here is over"
And with her final words she tried to help me understand
Mama whispered softly, "Time will ease your pain
Life's about changin', nothin' ever stays the same"

And she said, "How can I help you to say goodbye?
It's ok to hurt and it's ok to cry
Come let me hold you and I will try
How can I help you to say goodbye?"