Don't call it a movement, there's other ways of saying it Call it brown cable and I'm laying it down
Big and brown, leaving it where it counts, fat amounts
Blazin', a butt raisin dingleberry, yes my butt is hairy
Every nation a-backing 'em out, come on everybody let me
hear you shout

I'm gonna back one out
Momma said back one out
I'm gonna back one out
Momma said back one out

Splotchin', there's no stopping, it's coming down and the smell is rotten
Pain, I musta ate Draino, Mount St. Helens, ass volcano
Burnin' like hot lava, I got the runs 'cos I drank too
much Java

Ouch, that sensation is not the runs I got constipation

I'm gonna back one out
Momma said back one out
I'm gonna back one out
My momma said back one out