Back in the day when I was a teenager
Before I had status and a two-way pager
You could find the KJ listening to hip-hop
Blastin it so loud my parents was like "Turn it off"
I used to rock turtlenecks with MC Hammer pants
Watch Yo MTV raps just to catch the latest dance
I did the running man they said not bad for a white man
I said I'm not really white I just really need a tan
I used to write the girlie's phone numbers down upon my hand
And I didn't go nowhere without my tapes and walkman
Rolling up the bottom of my pants as tight as I can
And I'm up late at night talking to my girlfriend saying...

Whatcha doin?
Nothin
I gotta go
Umm allright
You hang up first
No you hang up first
On the count of three...1...2...3.. Still there?
Back in the day (I was so cool)

Back in the day (The coolest one in school)
Back in the day (Well I can't lie to you)
Back in the day (I was a nerdy little dude)

Back in the day when I was a teenager I wanted lines in my eyebrows so I took a razor But I messed up and accidently I just sshaved the Whole eyebrow off I was like "I'm going crazy!" See it was tough just growing up in the 80's But for me it was rough cuz no girls would ever date me All the ladies I would ask out was like "Well maybe.... You're okay but you're no Patrick Swayze" Unfortunately I think all my teachers hate me Cuz i sit in the back making noises like I'm crazy Ahhhhhhhhh...But it's all gravy In third period today I'm gonna ask out this lady Got the paper got the pencil now whoops here I go Will you go out with me check yes or no I'm feeling all slick when I handed her the note I told you ten times already no now leave me alone

Back in the day (I was so cool)
Back in the day (The coolest one in school)
Back in the day (Well I can't lie to you)
Back in the day (I was a nerdy little dude)

Back in the day when I was a teenager
I was only 15 when I just met my savior
And he came in straight in my heart and he just changed the
Way I used to live in ill behavior
See it's amazing to see my life that I just gave ya
So amazing to me Jesus Christ you became the
Savior to me and ain't never been the same the
Way I would be back in the day it would amaze ya
But the change that I see it was done in a major

Way I would be so that all I can do is thank ya
And every day just for me is a new day to praise ya
Cuz you came just to be all I need and you just made a way for
Me to see so I broke it down for you now I'm a take you back in the day kind
of
Like this dude.....

Dum dum dum du du dum dum Dum dum dum du du dum dum Ya can't touch this

Back in the day (I was so cool)
Back in the day (The coolest one in school)
Back in the day (Well I can't lie to you)
Back in the day (I was a nerdy little dude)