And after all the things I been through, I know I really need Y ou And after all the things I been through, every day I need You Sometimes I sit back think now and I just reflect I'm looking back on how many times now my life's been blessed And even when there's times when my mind just starts to stress I know You love me and plus for me You always got the best I mist confess that there's times that I lose faith But You pick me up You dust me off and You send me now upon my way I quess that have to be the reason why You called it grace Every day Lord teach me now just to seek Your face And after all the things I been through, I know I really need Y ou And after all the things I been through, every day I need You Lord I want to take a second now just a second And thank You for another day alive cause every days a blessing Thank You for the love You given and plus the people that love me I saw a child smile today I know You was thinking of me Help me to walk humbly and keep temptation far from me Let Your hands quide me let Your light shine down on me Lord I feel Your arms around me I'm so glad You found me I lift my hand to praise Your name as Your Spirit surrounds me And after all the things I been through, I know I really need Y ou And after all the things I been through, every day I need You I never felt so alive as I do right now My dark cloud is gone I see the sun breaking through right now I'm seeing You right now I'm feeling renewed right now And all I want to be doing is just loving only You right now I lay my head to rest as I begin to close my eyes Another day is finished I thank You for Your peace inside Now I lay me down to sleep I pray before I wake That all that I am would point to You now in all I do or say