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A feeling welling up inside
That seems to grip my soul
A never ending need
As far back, as my mind can go
I just can't help it
I just can't help it
I just can't help it
I can't help it
The gate flies open wide
A momentary river flow
Then back to scrutinizing
Watch to see the the water slow
But I just can't help it
I just can't help it
I just can't help it
I can't help it
I just can't help it
I just can't help it
I just can't help it
I can't help it
So then a mark is left
The feeling of some type of relief
And then the laughter comes
Reinforcing my belief
I just can't help it
I just can't help it
I just can't help it
I can't help it
I just can't help it
I just can't help it
I just can't help it
I can't help it
I just can't help it
I just can't help it
I just can't help it
I can't help it
I just can't help it
I just can't help it
I just can't help it
I can't help it
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