

Message From Your Heart

Kina Grannis

Don't break me I bruise easily
The source of both your love and misery
I am steady beating endlessly
While you are dozing, dreaming pretty things
I don't work for free
Please take care of me

This is a message from your heart
Your most devoted body part
Taking blood and making art
This is a message from your heart
Pounding away into the dark
You could thank me for a start
This is a message from your heart

Don't hurt me, I bleed constantly
My efforts leave me but flow back swiftly
My rhythm soothing, like raindrops steady
On foggy windows while you gaze outwardly
I don't work for free
Please take care of me

This is a message from your heart
Your most devoted body part
Taking blood and making art
This is a message from your heart
Pounding away into the dark
You could thank me for a start
This is a message from your heart

Every time you sleep
Every time you eat
Every time you laugh
Every time you cry
Every time you love

This is a message from your heart