Strength of the mind!

Looking back on the life that I lived What I leave behind Mistakes and memories serve to remind

The reflection staring back from the mirror No longer looks like me, like me

Strength of the mind to fight what's inside It takes strength of the mind Before I lose control

Who can raise you from the fall and save you? Only you!
Who can take the pain away and change you?
Only you!

A thousand miles between this never ending feeling Just looking for something more Searching for a release

I've seen rock bottom and I've smashed my fists against it Just keep telling yourself it will be alright

Who can raise you from the fall and save you? Only you!
Who can take the pain away and change you?
Only you!

Gather all your pain and suffering
Turn them into strength and weaponry
To overcome the enemy
that's in you, that's in you
Come face to face
with a war that rages in you

Who can take the pain away? Only you! Only you! Only You!

Who can raise you from the fall and save you (and save you), and save you?
Only you!

Strength of the mind!
Before I lose control!