

Learn to keep the pain you feel
Keep it in don't let it spill
Under lock and key - don't let it out
Ohh that's what secrecy's about.

Make it all right
Just keep your eyes shut, keep your eyes shut tight
What you feel ain't bad
'Cause there's no shame, there's no shame in being sad

Place yourself in this little page
Limit your actions, don't be brave
In the shadow of everything
You're the one who's too afraid to win.

Make it all right
Just keep your eyes shut, keep your eyes shut tight!
What you feel ain't bad
'Cause there's no shame, there's no shame in being sad.

Feel the sharpness of the night
Walk into darkness - outa sight
Ohh just don't take that final step
You'll be missed you know I care

Make it all right
Just keep your eyes shut, keep your eyes shut tight!
Ohh what you feel aint' bad
'Cause there's no shame there's no shame in being sad!!!