

Calm Down

Killing Heidi

When your head is spinning and you're feeling overwhelmed,
And your ears are ringing 'cause your heart is beating so damn
loud,
And your mind is numbing and your heart is pumping out,
Oh it feels like you're running but your feet won't touch the g
round

Calm down, calm down
Now all my defences are down
Calm down, calm down, calm down

When it feels like you're tripping but you're not sure what abo
ut,
You just might be slipping, ice queen is melting down,
And the blood is pumping and your head is spinning round,
And your heart is thumping and your tongue is hanging out

Calm down, calm down
Now all my defences are down
Calm down, calm down

When you're feeling overwhelmed, again
Calm down, calm down, calm down

When your head is spinning and you're feeling overwhelmed,
And your ears are ringing 'cause your heart is beating so damn
loud

Calm down, calm down
Now all my defences are down
Calm down, calm down

Now you're feeling overwhelmed, again
Calm down, calm down, calm down

Come back, come back, come back
Come back, come back again
Come back, come back, come back
Come back, come back again