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If you tryin' I'm
Swim with the best team
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You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away

Damage control
The same old tricks won't work no more
Smarter, stronger
Think I'm gon' make it through
What is to do, I've been low enough
I make enough
I jumped too low, now out the way

You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away Ey, yeah

Calls from the dark
I got hope in my eyes
No help in sight
I'ma swim in the light
She tryna pull me in
But the same old tricks don't work no more

You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away You could try and numb the pain, but it'll never go away Ey, yeah

When you're in love Swim in the light Swim in your love Let's get well Yeah