If your problems
Won't go away
And you're worried
Both night and day
Hand it over
Get on your knees and pray

If you're sick
Feeling low
Got no money
Got nowhere to go
Hand it over
Get on your knees and pray

Hand it over
Hand it over
Give it up, give it over
Hand it over
Get on your knees and pray

Ain't no mountain
You cant climb
Ain't no answer
You can't find
All you need is a hand to hold
I'll heal your body
And feed your soul

If the road is dark
And you can`t find your way
Just let the spirit light the way
Hand it over
Get on your knees and pray

Ain't no mountain
You cant climb
Ain't no answer
You can't find
All you need is a hand to hold
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Hand it over
Hand it over
Give it up, give it over
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