What do you do when the guilt doesn't cease the morning After a fall, crying Lord would you send relief Relief, relief Depression is setting in

Constantly feeling down
What's this really about?
I'm recommitting the sins I feel most guilty about
I'm weak.
Spiritually my bones sticking out
I want holiness, but I ain't got the power to live it out
That's why i gotta preach
Cause the gospel it gotta hit me
Jesus has died for my sin
There's no power without belief
Believe

Oh, I'm letting go of my yesterday
Grab a hold free in your grace to live
There's no more guilt
I know that I've been forgiven
Hello new mercies
Hello every morning
Every day I live
Is another day I know that I've been forgiven
I know that I've been forgiven
I know that I've been forgiven

After life, there's a judge that we face
With no Christ, then the lawyer is bringing a brief case - Guilty
But not for those who are truly underneath the grace
That's making me chase knowing my sins have been erased
After we stray, we see no point in praying
I can't go to God, I'd rather hide 'cause he's angry, WHAT?!
Who told me that? The Gospel lifts me from my fall
I have no sins to pay; Jesus has paid them all
That's why I preach
Better get that Gospel to me
You see the power indeed is available through belief. Believe

I am His
He is mine
Bought with the blood of Christ
Every sin
On Him lay