Sink or you can swim
But you can't change it now your fallin' in
So drift or you can fly
Just don't waste it all on
Reasons why, you break when you can mend
It's not that easy turnin' round again
I know it's hard to hear
But after all that's said and done it will disappear

Don't look so sad
It's not that bad you know
I won't let go no
Don't look so sad, you know to go down easy is the hardest way
to go

Laugh or you can cry
But know a million tears will always dry (so)
Face what you can't hide
You know it's waiting on the other side
So crash, and you can burn
You know there's always something there to learn
In time it goes away
But after all that's said and done it'll be ok

Don't look so sad
It's not that bad you know
I won't let go no
Don't look so sad, you know to go down easy is the hardest way
to go

It's all the same I know
When everything is sinking in
But, one day you'll wake to find it's
Best to leave it all behind
You're at the end so start again

Don't look so sad

It's not that bad you know

I won't let go no

Don't look so sad, you know to go down easy is the hardest way
to go

... It's the hardest way to go