1. Well it starts as a joke
 Like a stick in your spokes
 Or removing the bolt of the brakes

Then the bicycle flips Crushing ribs smashing hips And he broke every bone in his face

2. Then you're out of control And you can't fill the hole That was left by the thrill of the chase

You're a right piece of work
All the flakes go berserk
Have you forgotten how good they taste

- R: You're my kind of guy
 Cos I like your style
 And you sound as horrible as me
 And I don't mind if you're unkind
 You're reminding me of me
- 3. As the bicycle race Gathers speed, gathers pace And you feel that you're going too fast

There's a word to the wise You should take some advice Cos the nice guys always finish last

R: You're my kind of guy... (2x)