And any man who knows a thing knows
He knows not a damn, damn thing at all
And every time I felt the hurt
And I felt the givin' gettin' me up off the wall

I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze
I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze

How did Mandela get the will to surpass the everyday When injustice had him caged and trapped in every way? How did Gandhi ever withstand the hunger strikes and all? Didn't do it to gain power or money if I recall

It's to give, I guess, I'll pass it on
Mother thinks it'll lift the stress of Babylon
Mother knows, my mother she suffered blows
I don't know how we survived such violent episodes

I was so worried and hurt to see you bleed But as soon as you came out the hospital you gave me sweets Yeah, they try to take you from me But you still only gave 'em some prayers and sympathy

Dear mama, you helped me write this By showing me to give is priceless

And any man who knows a thing knows
He knows not a damn, damn thing at all
And every time I felt the hurt
And I felt the givin' gettin' me up off the wall

I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze
I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze

All I can say is the worst is over now
We can serve the hard times, divorce, it's over now
They try to keep us out but they doors is open now
My nigga, Akon is gettin' awards and covers now

This is K'naan and still reppin' the S Comin' out of Mogadishu and still draped in the mess And no matter how we strong, homie It ain't easy comin' out of where we from, homie

And that's the reason why, I could never play for me
Tell 'em the truth is what my dead homies told me
Ooh yeah, I take inspiration from the most heinous of situations
Creating medication out my own tribulations

Dear Africa, you helped me write this By showing me to give is priceless

And any man who knows a thing knows

He knows not a damn, damn thing at all And every time I felt the hurt And I felt the givin' gettin' me up off the wall

I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze
I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze

Nothing is perfect man, that's what the world is All I know is I'm enjoying today You know 'cause it isn't every day that you get to give

And any man who knows a thing knows
He knows not a damn, damn thing at all
And every time I felt the hurt
And I felt the givin' gettin' me up off the wall

I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze
I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze

I got nothin' to complain about You know where I'm from You know where I'ma last, so You know I was flyin' high

I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze
I'm just gonna take a minute and let it ride
I'm just gonna take a minute and let it breeze