

## Bad 4 My Health

K. Michelle

Your the type of dude be all on tv flossing  
Plenty chicks keep calling  
Two baby mamas still in the club balling  
Yeah  
I ain't got no time for a fight I might not win so I'll hide how I feel inside and keep you as a friend  
My heart wont do what my mind tells it to  
I'm such a fool trying to find the good in you  
My heart crys out and it sangs a sad song  
My mind says toughen up girl leave that man alone cause he's

Bad Bad Bad  
He's Bad for my health  
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Bad Bad Bad  
He's Oh he's Bad  
He's Bad for my health.

Sitting right here on this couch looking at the phone smiling everyti  
me I hear his voice Damn there I go  
And I see that your no good to her shouldn't want to be in her position  
But Damn I find myself wishing that I was the one you come home to at  
least the one you belong to and I can't help I want you  
And it's wrong to I deserve what ever you put me through  
Cause I know that your no Good

Bad Bad Bad  
He's Bad for my health  
Bad Bad Bad  
He's oh he's bad  
Bad Bad Bad He's Bad for my health  
I know I know he's so Bad  
Yeah  
But what am I to do about it  
Cause he's just so Bad yall  
So Bad So Bad for my health yall.

Oh  
I can't pretend I don't know what I'm doing  
My mind tells me stop yet my heart still pursuing someone I can't have makes me want him more If I set myself up I'll be hurt like before  
The risk is too great I made that mistake and I've got to live with the choices I've made  
I'm Damn'd if I do quite Damn'd if I don't but this is the man that I want  
And he's so Bad  
I don't know what to do about him  
Cause my friends tell me to leave him alone but I can't  
And I know they right believe me I tried but he's so good but he's Bad for my health

Yes he is

Yes he is

And the worst thing about it is that I know and Yall damn right

Oh Oh Oh Oh Oh ....Bad for my health