

# Deep Deep Breath

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With the situation that you're in  
It's time to thicken up your skin  
So you can try to live again  
Like an innocent soldier

How do I begin  
To describe where you begin  
Start by picking up your chin  
Take a deep, deep breath  
A deep, deep breath  
A deep, deep breath

Grab the bottle deep inside  
You know the one you tried to hide  
Still angry and alive  
Waiting for a good fix  
Break it on the ground  
Celebrate you're still around  
You can start with the sound of  
A deep, deep breath  
Deep, deep breath  
Deep, deep breath

Oh, I know  
How you feel inside  
Let it go  
Oh, you know  
You gotta open up your heart  
And let it go

Take control of  
Never letting go

Start with the sound  
Of a deep, deep breath  
A deep, deep breath (x10)