

# Breathe

John Reuben

Suffocated by my own will  
Your life is freedom and I want to start breathing  
Closed in by my options lost in a mire  
Of my own selfish impulse motive and desire  
Constantly considering the consequences  
Yet continue in the nonsense with a clear conscience  
What did I think was going to happen  
What makes this time any different from the last one  
So I'm asking to get rid of this distraction  
Because on my own I feel myself collapsing  
Lungs gasping from a lack of air and what for  
When I know that there's got to be more out there

(chorus)

Breathe in, breathe out  
I'm tired of holding my breath

It's been a while since I've seen this side surface  
Feeling far from home and distant from purpose  
Worthless this Earth is I wished to vanish from it  
Is it pointless or am I too stupid to take advantage of it  
Isn't life more valuable than just existing  
And aren't dreams more valid than just simple wishing  
Force myself to listen sit in the silent golden as it may be  
At times it feels violent  
But I'll be patient and wait for your calm to come  
Even though I get anxious and feel the urge to run  
For I know where my strength comes from even though  
I get anxious and feel the urge to run

(chorus)

Sometimes you feel like no one can stop you  
And other times you feel like you have nothing to offer  
Like right now I might be scared to death of death  
And tomorrow I won't even care about my next breath  
Left in the dark mad I can't see somewhere between pride and apathy  
And I continue on and press past the chaos I feel  
I just wish for one moment it would all stand still for real  
I wish the world would just stop and let me catch my breath  
Return to that place of childlike rest  
In attempts to gain more sometimes you come up less  
It's got me wanting to get away I guess  
We're all looking for a place of simplicity  
But it's a complex world and you can't hide from it's activity  
But it sure would be nice to leave the world around  
So I run towards the son/sun to shed the Earth that surrounds

(chorus)