The same drink that gets me out the door
Is the same drink that puts me on the floor
And the new thing I wanna try some more
Is the same mistake I used to make before

If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
And I'll stop trying to figure it out

The same brain that brings me ecstacy
Is the same pain that gets the best of me
And the one I love the most just said to me
A broken heart is all I'll ever be

If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
And I'll stop trying to figure it out

Help me Help me

If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
If I'm helpless tell me now
Tell me now
And I'll stop trying to figure it out

If I'm helpless
If I'm helpless
If I'm helpless
Then I'll stop trying to figure it out