It happened once before
It could happen again
Do you spend your life
Not trying anything
It's turning you into
What you don't want to be
A lonely man

You hide yourself away
You hide inside your head
Don't you know that life
Is never what you plan
I know what you've been through
But no-one wants to see
A lonely man
You'll be, a lonely man

There's nothing wrong with you That can't be fixed right here You only have to want to Nothing anyone can say To make you less scared But you know the truth That you gotta do What you gotta do To make it through

So open up your eyes
Please don't close your heart
You can restart the fire
All you need's the spark
After all you've been through
You still don't need to be
A lonely man

Don't be the lonely, (lonely man)
Don't be a lonely, (lonely man)
Don't be a lonely man, (lonely man)
Yeah you know the truth that you gotta do
What you gotta do
You'll make it through