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A million miles away seems like only yesterday My soul was free

I was young without a care there was something in the air Simplicity

I've lost what once was mine to the greedy hands of time Now I'm afraid  $\ensuremath{\text{Now}}$ 

As I start to realize something's missing in my eyes My life is gray

And everyday reality gets stronger

Don't turn your back it won't disappear

Seize the day, seize the night, face the fear

It's gets very hard to tell if the ocean in the shell

Is what it seems

Get your head out of the sand take your life in both your hands And live your dreams

The rainbow in your tears points the way through all your years Of sleepless nights

The sun still shines above the clouds and as long as you know h  $\ensuremath{\text{ow}}$ 

You'll see the light

Don't listen to the ocean in a seashell

The waves inside are not what they appear

Seize the day, seize the night, face the fear

Cause everyday reality gets stronger

Don't turn your back it won't disappear

Seize the day, seize the night, face the fear