Now and forever, once and for all Take your stand, where you belong Now and forever, once and for all Take your stand, you're number one

Now and forever, once and for all You and I, we will get by Now and forever, once and for all You and I, will not be shy For what is life, it's what we make of it Everyone has a place to fit So blaze a new trail from a tale that's old Sing a new song that's yet unfold, untold

Now and forever, once and for all Work your plan, it's all in your hands Now and forever, once and for all Work your plan, you're number one

Yes what is life, it's what we make of it
Everyone has there place to fit
It's for us to bear, for us to win
Through laughter and tears, through thick and thin, you win

Now and forever, once and for all Love is here, so make it clear Now and forever, once and for all Love is here, so have no fear

Now and forever, now and forever, you and I Now and forever, yeah, yeah, yeah Now and forever, you and I, you and I

Now and forever, once and for all Take your stand, live up your want, you're number one Now and forever, once and for all Take your stand, live up your want, you're number one

Now and forever, once and for all Make your plan, live up your want, you're number one Now and forever, once and for all...