Thank you

I used to be stuck I used to be stuck How 'bout you? Inside a lie That you know ain't near Near the absolute truth Feel it all in your membranes And deep in your tissue And you keep You keep ignoring the signs Listening to it happening to you again songs And put your alarm on Sleep Inviting new dumb shit And more loss of peacefulness Anybody Everybody can use a little help sometimes C'mon you know things ain't moving right Ask for correction Ask for direction Ask for protection Since you want to feel like you're you Inside Say thank you Yeah Say thank you Yeah Cause you know your request is filled You will see So act accordingly Live like you believe And say thank you Open Close Kneel Stand Hands In the air Head down Knees on ground And a silent whisper Out loud Somebody say thank you Hey! You hear that? Yeah! Hey! Thank you Thank you! I wish you would Just say Thank you

It's the only thing

Thank you