

At forty-four minutes to four  
An angel walked up to my door  
Opened the windows to my soul  
Told me he thinks that I should know  
That there's no slowing down  
As the globe spins 'round and 'round  
You gotta keep going, gotta keep going  
Gotta keep going, you gotta keep going  
Gotta keep going, you gotta keep going  
You gotta keep going, you gotta keep going  
You gotta keep going

If there's one thing that I learned  
While in those county lines  
It's that everything takes time  
You have gotta lose your pride  
You have gotta lose your mind  
Just to find your peace of mind  
You have got to trust the signs  
Everything will turn out fine

So why aren't you smiling? Why aren't you smiling?  
Life can get wild when, you caught in the whirl wind  
Lost in the whirl wind, you're chasing the wind  
You gotta understand  
There's really no end, there's really no beginning  
There's really no real, there's really no pretending  
There's really no fail, there's really no winning  
Cause nothing really is and everything really isn't

At forty-four minutes to four  
An angel walked up to my door  
Opened the windows to my soul  
Told me he thinks that I should know  
That life only gets harder but you gotta get stronger  
This is for my brother, I do this for my daughter  
That's why I keep going, that's why I keep going  
That's why I keep going  
That's why I keep going, I gotta keep going  
I gotta keep going, I gotta keep going  
I gotta keep going, gotta keep going  
Gotta keep going

I gotta show them, that I can keep going  
I gotta keep going, I gotta keep going  
I gotta keep going

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You gotta understand  
There's really no end, there's really no beginning  
There's really no real, there's really no pretending  
There's really no fail, there's really no winning  
Cause nothing really is and everything really isn't  
That's why I keep going