

# Stand Up

Jessie J

If you surround yourself with negative people  
You'll never feel settled in or become an equal, no  
They'll suppress you of your spirit and rinse you dry of smiles  
So reach deep and release your inner child, yeah, yeah

So stand up for the love, love, love  
So stand up for the love, love, love  
So stand up for the love, love, love  
So stand up, stand up, for the love, love

'Cause you're as old as you feel you are  
And if you don't reach for the moon you can't fall on the stars  
So I live my life like every day is the last, last, last

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So stand up

If you let a frown become your normality, yes  
You don't set an example for the youth of our humanity  
If you spend every day wishing for the next to come  
Aged and lifeless is what, yes, you'll become, yeah, yeah

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(So stand up)  
I live my life like every day is the last

So ignore the bad and the good will soon come  
Don't think second best, be number one  
Spread some love, don't give to receive  
Strive to be happy and live to believe

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So stand up for the 1-1-love, yeah  
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So stand up