

# Mental Stamina

Jeru the Damaja

Yo Afu (Yo whassup?)  
Yo yo c'mere c'mere  
Yo let's freak that rhyme we was freakin the other night  
(Yo I'm wit it yo just set it off)  
I'm sayin though after this it's no turnin back 'Fu  
(Aiyyo just set it off man)

Pugilistic linguistics check out the mystics we're fantastic  
You mean fantastic  
Fuck it you'll get your ass kicked  
Challenge my verbal gymnastics  
Vanacrobatix  
Vocabulary calisthenics  
Can't understand the mathematics are esoteric  
Watch the style but also peep the lyrics, my lightning, my thunder  
Way back I stomped out Her-cu-les  
But now I stomp out MC's  
Can't chill, because the Sun don't freeze  
Heavy metal, hard like titanium  
Alchemist, I turn wax into platinum

Influential, scientific power  
My mental violence will shower  
Devour at a crazy rate, I speed into your circuits  
and incorporatin data banks  
Stamina, in the brain is how I slay it  
I enforce my boss and I always must obey it  
Endorsing a central rhyme of remedies  
Against any man at arms that can get with thee  
Eternal, internal, alchemist, I spill  
logic and science ever since  
Throwing cerebral blows without my fist  
Poisonous, Taoist  
Don't mess with toys in this racket  
Terrorists don't proceed to hi-jack it

It's too perverted, you heard it, so now you get murdered  
Test the sound system, it throws off your equilibrium  
Deep concentration can't fracture the meditation  
Competition is flipped on at random  
Deviant monks attack the mic is mental pandemonium  
And then some, you go for your hand gun  
Psychokinetic forces proceed to smash in your cerebellum  
Phonetian with more stamina than a Christian  
my mind, C3 H5 N3 O9 like Nitroglycerine  
I bust as Afu Ra crush  
Class with us and meet Cerebus

Ready, ridiculous rabbitry, as I commence  
I whirlwind through cities  
Breaking down substances, combining matter  
Test my hand skills and back bones splatter  
Rough and tough although the mental will stomp ya  
Pugilism electrocute like Blanka  
Collaborate, all my words into verses  
I instill the will without even curses  
Slurs, escapade off the beat

Totally complete with the unique physique  
Microcosmic warrior, indeed I'll destroy ya  
And this mic, I'm taking over