Jem

When you're down upon your knees Asking God to hear your pleas Hold on When you think all hope has gone Don't know how to carry on Hold on

Cause I've felt like you Yeah I've been there too And all I know is

It will pass, I promise you No storm can last forever Hold on tight, cry your tears These floods won't last forever

When you think you've lost it all
No one there to help you break your fall
Hold on
When you don't like who you've become
See your words are hurting everyone
Hold on

When you hurt so much inside
But too afraid to let them see you cry
Hold on
When you're overcome with pain
Lost your best friend in the world today
Hold on

Cause I've felt like you And I've been there too And all I know is

It will pass, I promise you No storm can last forever Hold on tight, cry your tears Wrap up and brace the weather

Reach out for love, reach out for love
Reach out for love, reach out for love
Reach out for love, reach out for love
Reach out for love, call somebody you love

And I know you're so tired (reach out for love)
So tired, so tired (reach out for love)
Yeah I know you're so tired (reach out for love)
So tired, so tired

Hear me now, life goes on Just keep your heart open You're not alone, you never were And that heart of yours can't be broken

Believe me now, life goes on Must keep your heart open You're not alone, you've never been I hear your healing heart beat