

Hold On

Jem

When you're down upon your knees
Asking God to hear your pleas
Hold on
When you think all hope has gone
Don't know how to carry on
Hold on

Cause I've felt like you
Yeah I've been there too
And all I know is

It will pass, I promise you
No storm can last forever
Hold on tight, cry your tears
These floods won't last forever

When you think you've lost it all
No one there to help you break your fall
Hold on
When you don't like who you've become
See your words are hurting everyone
Hold on

When you hurt so much inside
But too afraid to let them see you cry
Hold on
When you're overcome with pain
Lost your best friend in the world today
Hold on

Cause I've felt like you
And I've been there too
And all I know is

It will pass, I promise you
No storm can last forever
Hold on tight, cry your tears
Wrap up and brace the weather

Reach out for love, reach out for love
Reach out for love, reach out for love
Reach out for love, reach out for love
Reach out for love, call somebody you love

And I know you're so tired (reach out for love)
So tired, so tired (reach out for love)
Yeah I know you're so tired (reach out for love)
So tired, so tired

Hear me now, life goes on
Just keep your heart open
You're not alone, you never were
And that heart of yours can't be broken

Believe me now, life goes on
Must keep your heart open
You're not alone, you've never been

I hear your healing heart beat