I'm only human
I'm just a woman
Help me believe, what I could be
And all that I am
Show me the stairway
I have to clim
Lord for my sake
Teach me to take
One day at a time

One day at a time sweet Jesus
That's all I'm askin' from You
Just give me the strength
To do every day
What I should do
Yesterday's gone sweet Jesus
Tomorrow may never be mine
Lord help me today
Show me the way
One day at a time

Do You remember
When You walked among men
Jesus You know
If You're lookin' below
It's worse now than then
Cheatin' and stealin'
Violence and crime
So for my sake
Teach me to take
One day at a time

One day at a time sweet Jesus
That's all I'm askin' from You
Just give me the strength
To do every day
What I should do
Yesterday's gone sweet Jesus
Tomorrow may never be mine
Lord help me today
Show me the way
One day at a time