

# This Is Life

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Brace yourself

This is going to take every part of you  
This is going to make God believe in you  
And you believe in Him

Pace yourself

Eternity is not a fairy tale  
The in between can be your heaven  
Or just another day in hell

'Cause the road we walk is straight and narrow  
And the times we have they're ours to borrow  
So give a little understanding  
This is life and it's hell if you only live

Calm yourself

The fear that's in your heart must surely die  
You always say its hard and you don't know why  
Well welcome to everybody else's life

And lift yourself

You're bigger when you're on your knees again  
Just look above and look within  
Don't look around its all just been

'Cause the road we walk is straight and narrow  
The times we have they're ours to borrow  
So give a little understanding  
This is life and it's hell if you only live  
Oh, give a little understanding  
This is life and it's hell if you only live for yourself