

Kizutsuite soshite tsumazuite
Namida nagashite hito wa otona ni nareru
Kanashimi mo soshite yorokobi mo
Kono oka wo koe sukoshi tsuyoku nareru kara
Kokokara aruki dasou

Hitomi wo tojite mite yo wasuretai kako mo aru kedo
Wasureru koto dekinai hodo no suteki na omoide mo aru
Mimiwosumashite mite yo machi no zawameki ni magirete
Kasuka ni keredo mo hakkiri to kimi wo yobu koe kikoeru

Mitakunai koto ni me wo mukenakya
Taiyou wa michi wo terashite kurenai to omou
Hodo keta kutsuhimo shime naoshi
Tojikomenaide kimi no mirai made...

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Kono oka wo koeru sukoshi tsuyokunareru kara
Kokokara aruki dasou

Kisetsu no utsurikawari sukoshi tomadoi wo oboeta
"nazekashira jibun hitori dake torinokosareta ki gashite..."

"tsuyokunaritai" to omou kimochi
Kigatsukanai uchi ni tada no "iji" ni kawattatenai?
Taeru dake no tsuyosa janakute
Chigau itami mo uketomeru yuuki

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Namida nagashite hito wa otona ni nareru
Miushinai soshite kangaete
Tsukareta toki wa sukoshi furikaette mireba
Nanika ga mitsukaruyo

"tsuyokunaritai" to omou kimochi
Kigatsukanai uchi ni tada no "iji" ni kawattenai?
Hodo keta kutsuhimo shime naoshi
Tojikomenaide kimi no mirai made...

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Miushinai soshite kangaete
Tsukareta toki wa sukoshi furikaette mireba
Sugu soba ni namida fuitekureru
Dareka ga iru kimi wa hitori janai yo
Kanashimi mo soshite yorokobi mo
Kono oka wo koe kimi wa tsuyokunareru kara
Kokokara aruki dasou