Here I am in your face
Tellin truths and not your old lies
Seems to me that you care
And I know that you're runnin out of time

See ya can't get away I'll be here forever and again Whisperin in your ear Do believe cause you know you cannot win

Spent most your life pretending not to be
The one you are but who you choose to see
Learned to survive in your fictitious world
Does what they think of you determine your worth?

If special's what you feel when you're with them Taken away you feel 'less than' again That's right

[CHORUS: (2x)]
You gotta mean what you say
You gotta say what you mean
Tryin to please everyone
Sacrifice your own needs
Check in the mirror my friend
No lies will be told then
Pointin the finger again
You can't blame nobody but you

There's a feeling inside
No you cannot change it right away
Gotta make a try
And with time it'll start to go away

I'll be here when you need
That one to sit and cry to
Cause I'm the you you forgot
The only one you know you cannot lie to

Bitter you'll be if you don't change your ways When you hate you you hate everyone that day

Unleash this scared child that you've grown into You cannot run for you can't hide from you Can't hide from you That's right

[CHORUS (3x)]

C-N-E-I-C-S-N-O-C

(you can't blame nobody but)

C-N-E-I-C-S-N-O-C

(you can't blame nobody but you)

C-N-E-I-C-S-N-O-C

(you can't blame nobody)

C-N-E-I-C-S-N-O-C

(aw that's right)