

Sometimes It's Hard

Jamie Lawson

Sometimes it's hard
To speak what's on your mind
To leave your past behind
To hope that you can find a way through circumstances

You could not control
A sadness deep into your soul
That you cannot disregard
Sometimes it's hard

Sometimes it's hard to get through your working day
And find the words to say
Everything's okay
When you differently inside

You feel you're gonna break
Your life is full of the same mistakes
And it seems to fall apart
Sometimes it's hard

There is no easy answer
There is no miracle cure
Clouds they tend to cast a shadow over what is pure
Rest assured this will not last
Rain that falls it has to pass
And the sun it will shine again
The sun it will shine again

Rain oh rain please go away
Come again another day
Maybe we'll be a little stronger then

Sometimes it's hard
To be who you know you are
To find a place to start over and stay calm
And find the silver lining

I know you're gonna come through
There is strength inside of you
And yours is a beautiful heart
Sometimes it's hard
Sometimes it's hard