

I Defeat

James

We were doing so well, we had broken the spell
And freedom seemed just within reach
We had managed the bend between lover and friend
Found a place we could possibly meet

Yes, it's me, I can't help myself
I just run headlong to defeat
Yes, it's me, I can't help myself
I defeat, I defeat, I defeat

I'm so hard on myself, don't deserve any help
So I must let you go, let you go
So I pushed you away while I hoped you would stay
But I don't let you know, let you know

Yes, it's me, I can't help myself
I keep running around to this beat
Yes, it's me, I can't help myself
I defeat, I defeat, I defeat, I defeat

Yes, it's me, I can't help myself
I keep running around to this beat
Yes, it's me, I can't help myself
I defeat, I defeat, help me

I can't help myself
I defeat, I defeat, help me
I can't help myself
I defeat, I defeat, help me