Sometimes you get beat up good
Drive yourself crazy bein' misunderstood
Sometimes you wanna throw the towel in
But you come out swingin' like you just might win

You gotta keep on, keep on keepin' on Push it on down the line Keep on, keep on keepin' on Keep from gettin' further behind

Some days you wonder what it all means Some nights ain't as bad as it seems Sometimes you think you been had Run yourself ragged in a world gone mad

Keep on, keep on keepin' on Push it on down the road Keep on, keep on keepin' on Still got a ways to go

Yeah. you gotta keep on, keep on keepin' on Push it on down the line Keep on, keep on keepin' on Keep from gettin' further behind

Some things ain't meant to be
The best things in life are free
And tomorrow is another day
Funny how the truth sounds so cliche

You gotta keep on, keep on keepin' on Push it on down the line Keep on, keep on keepin' on Keep from gettin' further behind

Yeah, you gotta keep on, keep on keepin' on Push it on down the road You gotta keep on, keep on keepin' on Still got a ways to go

Yeah you gotta keep on, keep on keepin' on You gotta keep on, keep on keepin' on Keep on Keep on