

## Say No

Itchy Poopzkid

Open minds every week, everyday  
Thoughts and plans and hopes to finally get away  
Whining and crying, hoping, wishing day to day  
Listen to the wise words that I say

Open your eyes, open your mind, everything  
Let it all out, do it without questioning  
Get up on top, get up and stop wondering  
Leave it alone, leave it behind, weakening  
(leave it alone, leave it behind, weakening)

So what I know  
Why you're running around in circles  
While you're heading back to where you started  
So what I know  
Will there ever be another state of mind that could discover

Now pack your bags, stand up my friend  
Or it will start over again  
Do what I did a long time ago  
With this eggshell what I said was...

Soak your way, and love is fading on and on  
Hearts break, and no forsaking, oh so wrong  
Crawling backwards on your knees  
What's it for  
Obey the brick, I'll bail the crash, forever more

Why can't you see it's the same old enemy  
Make up your mind, do it without agony  
This is a must, this is his face  
Trust in me  
Break it all out, break it all out, finally  
(break it all out, break it all out, finally)

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Do what I did a long time ago  
With this eggshell what I said was...

(now tell me, why do you always call back  
Just do something now  
Or life will stab you in the back again and again  
And it is not worth it  
So make up your mind  
Just do what you want to do  
And say what you want to say  
Or it will forever, forever, forever be the same)

So what I know  
Why you're running around in circles

While you're heading back to where you started  
So what I know  
Will there ever be another state of mind that could discover

Now pack your bags, stand up my friend  
Or it will start over again  
Do what I did a long time ago  
With this eggshell what I said was...  
No