What's Up Essa? Strike like a deadly venom When I hit 'em Im out to get 'em Shredder ya Like the predator Who's the one putin it down With the straight madness INS the baddest And Cypress wit the status Correct All the terrorist militia Gonna have to get ya Dog eat dog world we're all gonna miss ya To bad terrible things could straight happen In the blast with the mad sounds as Im rappin

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard

Like I said before
I'm taking you label whores
Down for the count with my big 44
Run in your store
Make you lay on the floor
Ahh shit wait I got some more
I'm coming with the ill tactics
That suckuz said is brutal
Like the Chinese torture
And that African voodoo
I got fools down for years
Put in work until the end
If you fuck with Sen-Dog and the Insolence

1-2 1-2
Comin out
swingin hard
Swing hard
swinging hard
swing swinging hard

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard We cannot be faded We cannot be faded

The INS Crew on an insane campaign
Commin out swingin only when we maintain
A super mad stoner status
Showin up at your house with my glass apparatus
Just like a samurai
Blind to the naked eye
Hari-Kari lifestyle now you have to die
Crews far inferior
Wrecking stop cutting through your interior
Far superior

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard

1-2 1-2 Comin out swingin hard Swing hard swinging hard swing swinging hard

1-2 1-2
Comin out
swingin hard
Swing hard
swinging hard
swing swinging hard
We cannot be faded
We cannot be faded