Yeah, my heart's been broken
Ooh, it takes time, slow down, baby
So take it slow down
I beg you, slow it down

Ooh, slow it down and take it easy
I don't want to jump off the fire in the frying pan, yeah
Slow it down and take it easy
I don't want to jump off the fire in the frying pan, no

Hope you don't mind me saying slow it down I don't want to rush, girl
We have lots of time, time
If you care then you'll try to understand
Just be my friend as best as you can, yeah

So, we got to slow it down and take it easy I don't want to jump off the fire in the frying pan Slow it down and take it easy I don't want to jump off the fire in the frying pan, no

You've been so kind to me and I'm thankful, yeah But my heart has been broken And it takes some time to heal, yeah

As much as I want to romance and love you Just give me a chance and I will recover soon, soon

Won't you slow it down and take it easy?
I don't want to jump off the fire in the frying pan, frying pan
Slow it down and take it easy
I don't want to jump off the fire in the frying pan
No-no-no...

Slow it down
I beg you slow it down and take it easy
I don't want to jump off the fire in the frying pan, no
Just slow it down and take it easy
I don't want to jump off the fire in the frying pan, understand?

Hope you don't mind me saying slow it down
I don't want to rush, girl
We have lots of time, time
If you care then you'll try to understand
Just be my friend as best as you can, understand?

You better slow it down and take it easy
I don't want to jump off the fire in the frying pan, understand?
Slow it down and take it easy
I don't want to jump off the fire in the frying pan
Don't want to jump off the fire in the frying fan, in the frying pan...