

## Catathymic Rage

### Inherit Disease

Catathymia  
Emotionally traumatized  
Beginning of the end  
My brutal fantasy  
Envelopes me  
Unsolvable internal state  
Leads to emotional tension  
Dreaming of a violent deed  
That I must now carry out  
Paranoid, and anxious your blamed  
Building desperation-uxoricide  
Anger now a threat to my fragile sense of self  
Imbuing violence with symbolic thinking  
Tension culminates-catathymic rampage  
Anger, tension, destabilization  
My core perturbed, ungodly time bomb  
Paranoia, killing the only way  
Rage motivation  
Stabbed hundreds of times  
Killing with unparalleled ferocity  
Animal instinct has taken over  
I'm now a programmed killing machine  
Extremely violent episode has been achieved  
Target of the tension smashed repeatedly  
After the brutality, relief  
There is no recollection of the catathymic killing