Slow Down

So far from where I started out. So far from where I wanna be. Listening for answers in the wind, But can't find a rock to plant my feet. Looking for love in all the wrong places. Down on my knees and now I'm praying for patience. I know there's gotta be a better way. In the back of my mind I hear my momma say

Slow down baby ya goin to fast. You got your hands in the air With your Feet on the gas. You 'bout to wreck your future, Run from your past. You need to slow down before you go down baby.

Thinking the faster that I go The faster that I will reach my goal The race is not given to the swift But to the one who endureth. I thought that all of my obstacles were behind me. Walking around like I'm made out of diamond. I tripped and fell and it reminded me to move over and let the angels guide me.

Slow down baby ya goin to fast. You got your hands in the air With your Feet on the gas. You 'bout to wreck your future, Run from your past. You need to slow down before you go down baby.

Sometimes you gotta be still, before you can get ahead. Be still, ask the universe for help be real. You can't do it all by yourself... Ah, No...No... India.Arie